FREE CROCHET TUTORIAL

V-Stitch Crochet

How to crochet the V-stitch, plus a table runner with a shell edge · US terms

SKILL LEVEL **Beginner**	PRACTICE **Table runner, 2 sizes**	YARN **Worsted (#4) cotton**
HOOK **5 mm (US H-8)**	STITCHES **ch, dc, sc**	TIME **About 5 / 8 hours**

Materials

- Worsted (#4) cotton: 260 yd (runner) or 430 yd (long runner)
- 5 mm (US H-8) hook, tapestry needle

Abbreviations (US terms)

ch	chain	**V-st**	(dc, ch 1, dc) in the same st or space
dc	double crochet	**sp**	space
sc	single crochet		

Gauge: 5 V-stitches = 4 in (10 cm) and 1 row = 0.55 in (1.4 cm). A typical worsted cotton value; a runner doesn't need an exact gauge.

Runner

Foundation	Ch 49.	
Row 1	(Dc, ch 1, dc) in 5th ch from hook (V-st made), *skip 2 ch, V-st in next ch; repeat from * to the last 2 ch, skip 1 ch, dc in last ch. Turn.	**(15 V)**
Row 2	Ch 3 (counts as dc), V-st in the ch-1 space of each V-st across, dc in the top of the turning ch. Turn.	**(15 V)**
Rows 3–63	Repeat row 2. The runner measures about 35 in (88 cm) before the edge.	**(15 V)**
Shell edge (both short ends)	Ch 1, sc in the first dc, *5 dc in the next V space, sc in the next V space*; repeat, ending with 5 dc in the last V space and sc in the top of the turning ch. Fasten off. Join the yarn at the other short end and work the same along the foundation chain, putting each shell into the chain at the base of a V.	**(8 shells)**
Finish	Weave in the ends. Pin the runner flat, spray with water and leave it to dry.	

Long runner

Foundation	Ch 55.	
Row 1	(Dc, ch 1, dc) in 5th ch from hook (V-st made), *skip 2 ch, V-st in next ch; repeat from * to the last 2 ch, skip 1 ch, dc in last ch. Turn.	**(17 V)**

Row 2	Ch 3 (counts as dc), V-st in the ch-1 space of each V-st across, dc in the top of the turning ch. Turn.	**(17 V)**
Rows 3–95	Repeat row 2. The runner measures about 52 in (133 cm) before the edge.	**(17 V)**
Shell edge (both short ends)	Ch 1, sc in the first dc, *5 dc in the next V space, sc in the next V space*; repeat, ending with 5 dc in the last V space and sc in the top of the turning ch. Fasten off. Join the yarn at the other short end and work the same along the foundation chain, putting each shell into the chain at the base of a V.	**(9 shells)**
Finish	Weave in the ends. Pin the runner flat, spray with water and leave it to dry.	

What's exact, what's calculated

Exact	Chain use stitch by stitch (3N + 4), N V's per row, each V in the V below, shells on alternate spaces.
Calculated	V's, rows and yarn from the gauge.
Assumed	The gauge.

How to Crochet the V-Stitch

(dc, ch 1, dc) in the same stitch · every row goes into the V spaces below

1 · dc



Work 1 dc in the stitch (or in the ch-1 space of the V below).

2 · ch 1



Chain 1: this makes the space in the middle of the V.

3 · dc again



Work another dc into the SAME place. That's 1 V-stitch.

4 · Next V

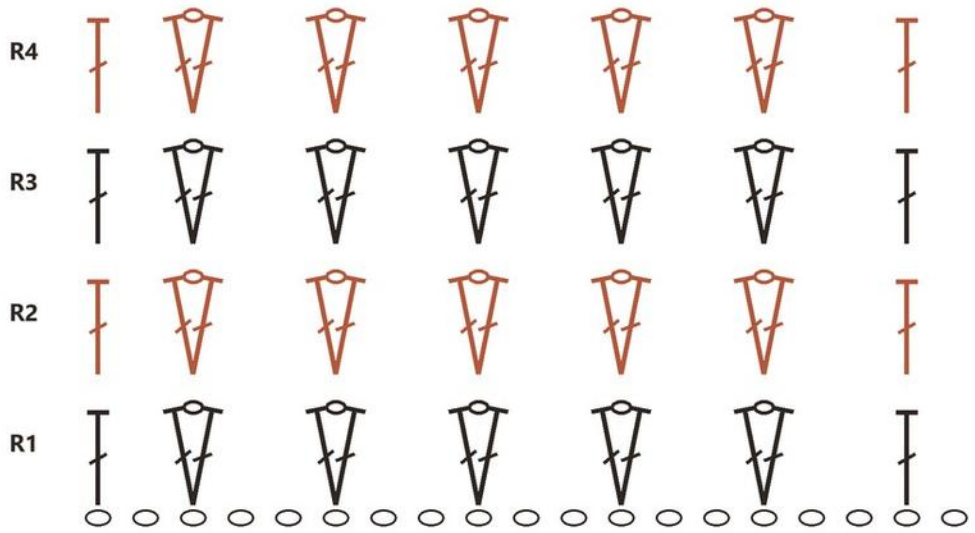


Skip 2 sts (row 1) or go to the next V space and repeat.

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V-Stitch · Chart

5 V-stitches · foundation ch 19 (3 × 5 + 4) · row 2 repeats



Oval = chain · T with a bar = dc · V = (dc, ch 1, dc) in one place · the first ch 3 of each row counts as the edge dc

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V-Stitch Table Runner · Sizes

Worsted (#4) cotton · 5 mm (US H-8) hook · gauge 5 V-stitches = 4 in, 0.55 in per row

Size	Finished	Start	V's across	Rows	Shells per end	Cotton
Runner	12 × 36 in (30 × 91 cm)	ch 49	15	63	8	260 yd
Long runner	14 × 54 in (36 × 137 cm)	ch 55	17	95	9	430 yd

Any width: chain 3 × (number of V's) + 4. Use an odd number of V's so the shell edge is symmetric.

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