FREE EMBROIDERY PATTERN

# Sunflower Embroidery Pattern

Two sunflowers for a 6 in hoop · true-size template · 4 easy stitches

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|---|---|---|
| SKILL LEVEL<br>**Beginner** | HOOP<br>**6 in (15 cm)** | FLOSS<br>**DMC, 2 strands** |
| NEEDLE<br>**Embroidery size 7** | FABRIC<br>**Linen/cotton, 11 in square** | TIME<br>**4–5 hours** |

## Materials

- DMC floss, 1 skein each: 973 bright canary (2.1 yd), 725 topaz (1.4 yd), 801 dark coffee brown (2.1 yd), 3371 black brown (1.7 yd), 988 forest green (1.8 yd), 986 very dark forest green (0.9 yd)
- Natural linen or cotton fabric about 11 in square, a 6 in hoop, embroidery needle size 7, small scissors
- Water-soluble pen or pencil for tracing; print the template at 100% / actual size.

## Abbreviations (US terms)

| | | | |
|---|---|---|---|
| **BS** | backstitch, 3 mm | **LD** | lazy daisy |
| **SS** | satin stitch | **DMC** | floss colour number |
| **FK** | French knot, 2 wraps | | |

Use 2 strands of floss throughout. Trace the design, hoop the fabric drum-tight and stitch in this order: stems, leaves, centres, then the petals last so they sit on top.

## Sunflowers

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| **Step 1** | Backstitch both stems in very dark green 986, from under each flower down to the bottom. |
| **Step 2** | Satin stitch the two leaves in forest green 988 (stitches across the leaf, from edge to edge), then backstitch a 986 vein down the middle. |
| **Step 3** | Satin stitch the big flower's centre in coffee brown 801, then add 17 black-brown 3371 French knots on top in two rings and one in the middle. |
| **Step 4** | Work the 16 topaz 725 lazy daisy petals of the inner ring, then the 16 bright canary 973 petals of the outer ring between them. |
| **Step 5** | For the small flower: satin the 801 centre, add 4 knots in 3371, then 12 canary 973 lazy daisy petals. |
| **Counts** | backstitch 986: 55 · lazy daisy 725: 16 · lazy daisy 973: 28 · French knot 3371: 21 · satin stitch 801: 50 · satin stitch 988: 66 |

## Finishing

| | |
|---|---|
| **Hoop** | Trim the fabric to 1 in beyond the hoop, run a gathering stitch around the edge and pull it tight at the back. |
| **Wash** | Rinse away the pen lines with cold water and let the hoop dry flat. |

# Sunflower Embroidery · Stitch Chart

Enlarged 2×. Colours are DMC numbers; every dash is one 3 mm backstitch. 2 strands throughout.



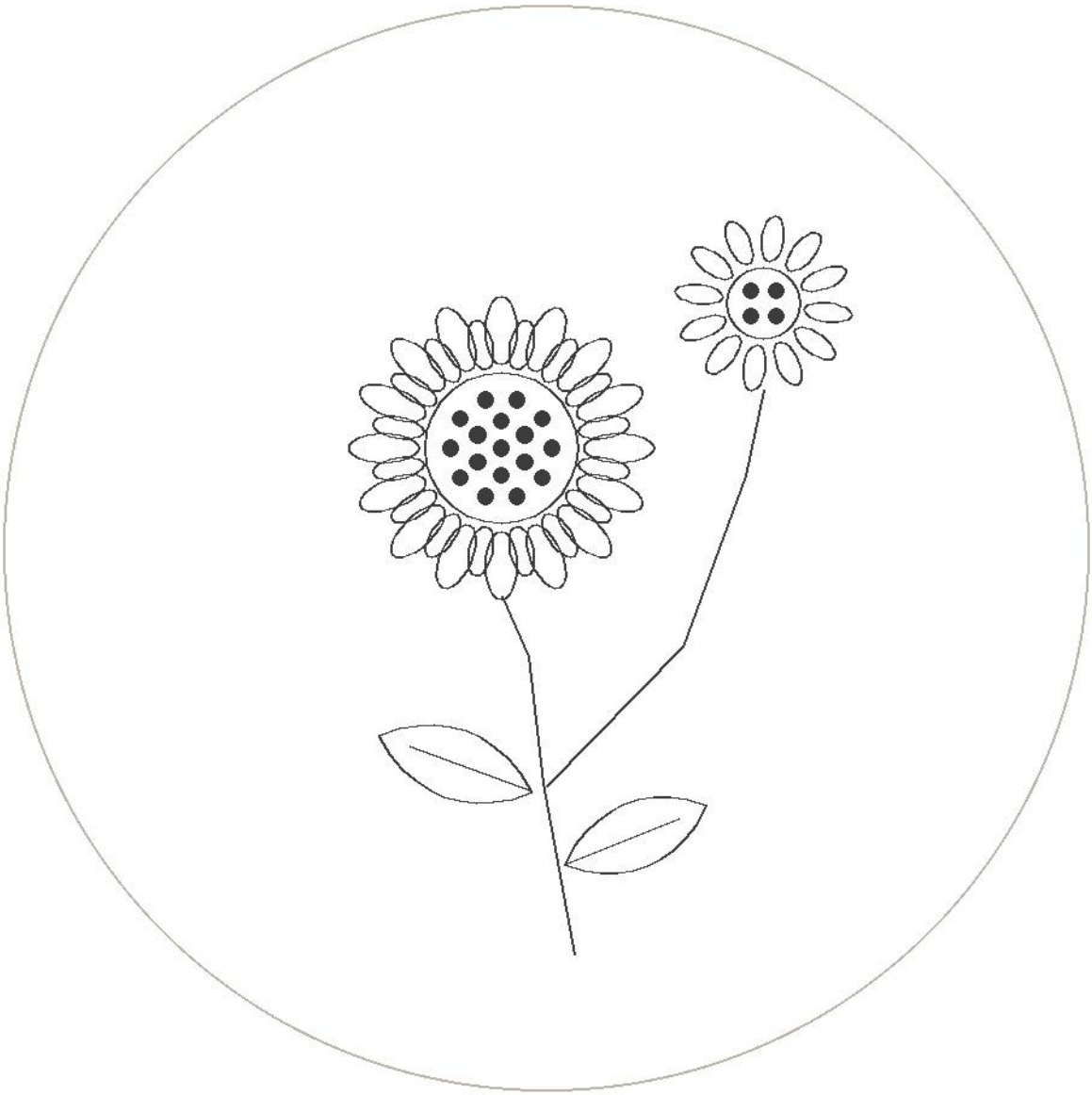
backstitch 986: 55 · lazy daisy 725: 16 · lazy daisy 973: 28 · French knot 3371: 21
satin stitch 801: 50 · satin stitch 988: 66

- **DMC 973** Bright canary
- **DMC 725** Topaz
- **DMC 801** Dark coffee brown
- **DMC 3371** Black brown
- **DMC 988** Forest green
- **DMC 986** Very dark forest green

backstitch = dashes · satin = filled · French knot = dot · lazy daisy = loop · cozymakery.com

# Sunflower Embroidery Template · print at 100% (actual size)

The circle is a 6 in hoop. Trace the lines onto your fabric; dots = French knots, loops = lazy daisy petals.



1 in check square: measure it after printing