FREE KNITTING PATTERN

Knit Tank Top

Size-inclusive fitted tank · XS to 3X · flat in two pieces

SKILL LEVEL	SIZES	TOOLS
Easy+	**XS to 3X (7 sizes)**	**4 mm (US 6) needles**
YARN	**GAUGE**	**YARN TOTAL**
DK (#3) cotton blend	**22 sts × 30 rows = 4 in**	**see sizes**

Materials

- DK (#3) cotton blend: 394 / 455 / 533 / 598 / 682 / 735 / 819 yd for XS / S / M / L / XL / 2X / 3X
- 4 mm (US 6) needles, tapestry needle, stitch markers, a spare needle for the three-needle bind-off

Abbreviations (US terms)

k / p	knit / purl	**k2tog**	knit 2 together
st st	stockinette	**BO**	bind off
ssk	slip, slip, knit	**RS / WS**	right / wrong side

Numbers are XS / S / M / L / XL / 2X / 3X. Make a front and a back: they are the same except the back neck starts higher. Check your gauge first: a fitted top depends on it.

Front

Cast on	Cast on 86 / 96 / 108 / 118 / 130 / 140 / 152 sts.	**(86 / 96 / 108 / 118 / 130 / 140 / 152)**
Rib	(K1, p1) across. Repeat this row for 11 / 11 / 11 / 11 / 11 / 11 / 11 rows.	
Body	Work stockinette (knit RS rows, purl WS rows) for 71 / 76 / 79 / 82 / 86 / 88 / 90 rows, ending with a WS row.	**(86 / 96 / 108 / 118 / 130 / 140 / 152)**
Armholes	Bind off 7 / 9 / 10 / 12 / 14 / 16 / 17 sts at the start of the next 2 rows.	**(72 / 78 / 88 / 94 / 102 / 108 / 118)**
Shape	RS: k1, ssk, knit to the last 3 sts, k2tog, k1. WS: purl. Repeat these 2 rows 4 / 5 / 6 / 7 / 8 / 9 / 10 times in total.	**(64 / 68 / 76 / 80 / 86 / 90 / 98)**
Straight	Work even until the armhole has 22 / 26 / 30 / 34 / 38 / 41 / 44 rows, ending with a WS row.	**(64 / 68 / 76 / 80 / 86 / 90 / 98)**
Neck	Knit 11 / 13 / 16 / 17 / 20 / 21 / 24 sts, bind off the centre 42 / 42 / 44 / 46 / 46 / 48 / 50 sts, knit to the end.	
Straps	Work each strap separately in stockinette until the armhole has 52 / 56 / 60 / 64 / 68 / 71 / 71 rows. Place the sts on a holder.	**(11 / 13 / 16 / 17 / 20 / 21 / 24)**

Back

Cast on	Cast on 86 / 96 / 108 / 118 / 130 / 140 / 152 sts.	**(86 / 96 / 108 / 118 / 130 / 140 / 152)**
Rib	(K1, p1) across. Repeat this row for 11 / 11 / 11 / 11 / 11 / 11 / 11 rows.	

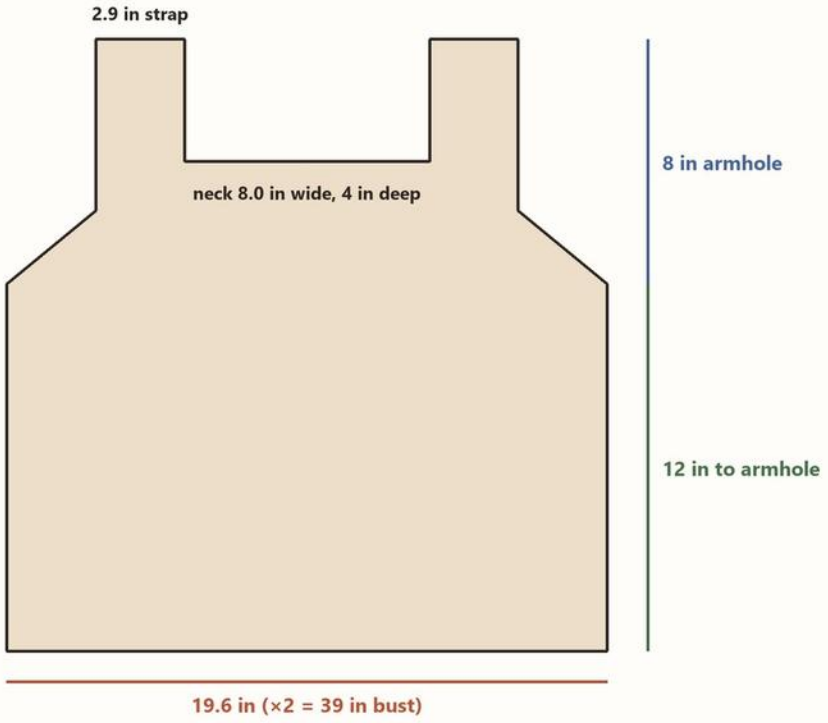
Body	Work stockinette (knit RS rows, purl WS rows) for 71 / 76 / 82 / 86 / 90 / 96 / 108 / 118 / 130 / 140 / 152) rows, ending with a WS row.
Armholes	Bind off 7 / 9 / 10 / 12 / 14 / 16 / 17 sts at the start of the next 2 rows. (72 / 78 / 88 / 94 / 102 / 108 / 118)
Shape	RS: k1, ssk, knit to the last 3 sts, k2tog, k1. WS: purl. Repeat these 2 rows 46 / 50 / 56 / 64 / 68 / 76 / 80 / 86 / 90 / 98) / 8 / 9 / 10 times in total.
Straight	Work even until the armhole has 41 / 45 / 49 / 53 / 57 / 60 / 64 rows, ending with a WS row. (64 / 68 / 76 / 80 / 86 / 90 / 98)
Neck	Knit 11 / 13 / 16 / 17 / 20 / 21 / 24 sts, bind off the centre 42 / 42 / 44 / 46 / 46 / 48 / 50 sts, knit to the end.
Straps	Work each strap separately in stockinette until the armhole has 52 / 56 / 66 / 67 / 68 / 71 / 71 rows. Place the sts on a holder. (51 / 53 / 60 / 64 / 68 / 20 / 21 / 24)

Finishing

Shoulders	Join the front and back straps with a three-needle bind-off on the wrong side.
Sides	Sew the side seams with mattress stitch from the hem to the armhole.
Edging	With a circular needle, pick up and knit about 3 sts for every 4 rows (1 per bound-off st) around the neck and each armhole. Knit 1 round and bind off purlwise.

Knit Tank Top · Schematic (size M)

Other sizes: see the size table · all inches



Front shown; the back is the same with a shallower neck (1.5 in) · cozymakery.com

Knit Tank Top · Sizes

Measurements in inches · about 1 in of ease · DK (#3) cotton blend, 4 mm (US 6) needles

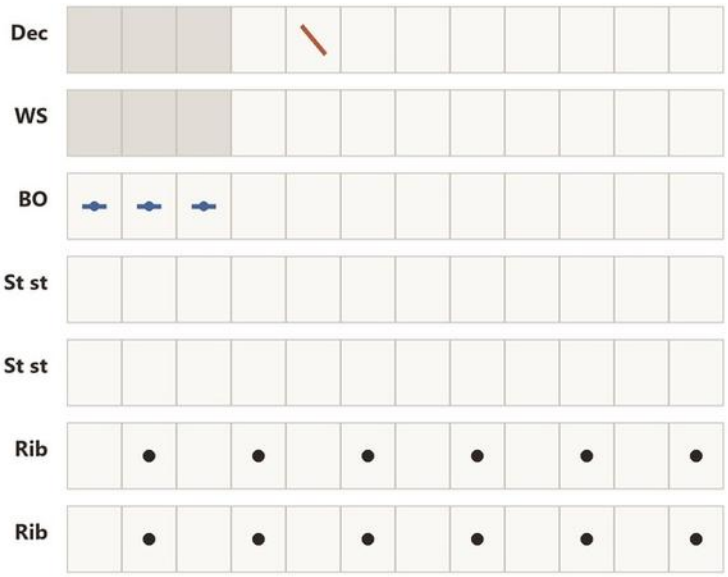
Size	Bust	Finished	Length	Cast on / sts	Armhole BO	Decreases	Neck sts	Yarn (yd)
XS	30	31.3	17.9	86	7	4	42	394
S	34	34.9	18.9	96	9	5	42	455
M	38	39.3	20.0	108	10	6	44	533
L	42	42.9	20.9	118	12	7	46	598
XL	46	47.3	22.0	130	14	8	46	682
2X	50	50.9	22.4	140	16	9	48	735
3X	54	55.3	22.9	152	17	10	50	819

Choose the size closest to your bust; the tank is fitted.

cozymakery.com

Knit Tank · Rib & Armhole Chart

1x1 rib, stockinette body, bind-off at the armhole, then ssk / k2tog one stitch in from the edge.



blank = knit (RS) dot = purl blue = bind off orange \ = ssk (left side; k2tog mirrors it)

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