FREE KNITTING PATTERN

Easy Chunky Knit Cowl

2x2 rib in the round · neck warmer and long loop · US terms

SKILL LEVEL	SIZES	NEEDLES
Easy	22 × 9 in, 52 × 8 in	US 10.5 (6.5 mm) circular

YARN	STITCHES	TIME
Bulky (#5)	Knit, purl	About 3–6 hours

Materials

- Bulky (#5) yarn, soft wool or wool blend: neck warmer 160 yd, long loop 330 yd
- US 10.5 (6.5 mm) circular needle: 16 in for the neck warmer, 32 in for the long loop
- Stitch marker, tapestry needle

Abbreviations

k	knit	**rnd**	round
p	purl	***...***	repeat
st(s)	stitch(es)		

Gauge: 16 sts × 20 rnds = 4 in in 2x2 rib, relaxed (see 'What's assumed').

Neck warmer (22 × 9 in)

Cast on	With a 16 in (40 cm) circular needle, cast on 88 sts with a long-tail cast on. Place a marker and join to work in the round, taking care not to twist the stitches.	**(88)**
Rnds 1–45	*k2, p2* to the end of the round. You knit the knits and purl the purls you see.	**(88)**
Bind off	Bind off loosely in pattern (knit the knits, purl the purls), or use a needle one size larger so the edge stretches.	**(0)**
Finish	Weave in the ends on the wrong side, following the rib columns so they don't show.	

Long loop (52 × 8 in)

Cast on	With a 32 in (80 cm) circular needle, cast on 208 sts with a long-tail cast on. Place a marker and join to work in the round, taking care not to twist the stitches.	**(208)**
Rnds 1–40	*k2, p2* to the end of the round. You knit the knits and purl the purls you see.	**(208)**
Bind off	Bind off loosely in pattern (knit the knits, purl the purls), or use a needle one size larger so the edge stretches.	**(0)**
Finish	Weave in the ends on the wrong side, following the rib columns so they don't show.	

Checkpoints (neck warmer)

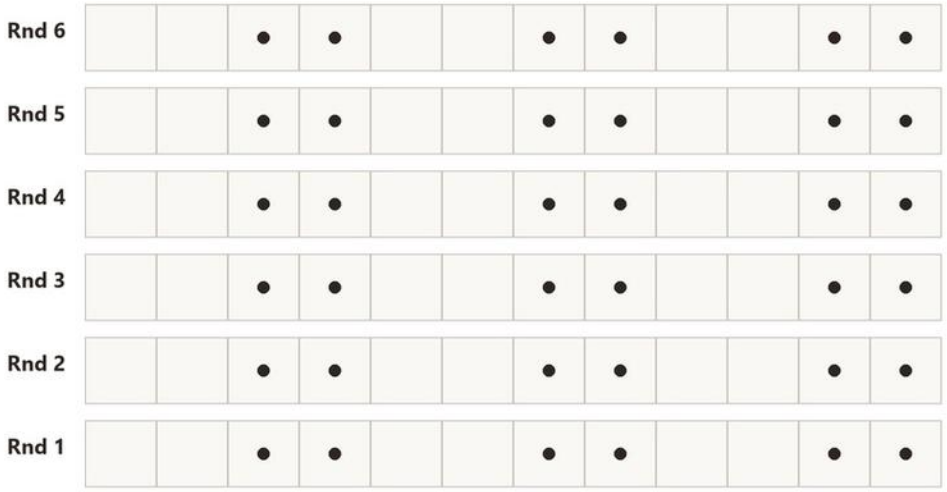
Rnd 1	88 sts on the needle	**(0.2 in)**
Rnd 5	88 sts on the needle	**(1.0 in)**
Rnd 22	88 sts on the needle	**(4.4 in)**
Rnd 45	88 sts on the needle	**(9.0 in)**

What's exact, what's calculated

Exact	Every round of both sizes was worked stitch by stitch in the engine: the stitch count never changes.
Exact	The rib columns stay lined up on every round: 2 knit Vs, then 2 purl bumps, all the way up.
Exact	The cast-on is a multiple of 4, so the *k2, p2* repeat closes neatly where the round joins.
Calculated	Circumference, height, stitch and round counts come from the gauge below.
Calculated	Yarn: about 3.1 cm of yarn per stitch at this gauge + 5% for rib + 10% spare, rounded up.
Assumed	Gauge 16 sts × 20 rnds = 4 in in 2x2 rib, relaxed, is the usual bulky gauge on US 10.5 needles. Our Alize gauge file has no bulky rib record. Knit a swatch and change needle size if yours differs.

2x2 Rib in the Round · Knitting Chart

12 sts × 6 rounds shown, read every round from right to left (empty box = knit, dot = purl)



Repeat the 4 stitches all the way around: *k2, p2*.

In the round you never turn, so every round is the same.

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2x2 Rib · How It Looks

Simulated right side from the engine: 2 knit columns, 2 purl columns, in the round



26 sts × 16 rnds shown. Relaxed, the purl columns hide behind the knit ribs: that's why rib stretches.

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Knit Cowl · Sizes

Bulky (#5) yarn, US 10.5 (6.5 mm) circular needle · 16 sts × 20 rnds = 4 in (2x2 rib, relaxed)

Size	Around × tall	Cast on	Rounds	Yarn
Neck warmer	22 × 9 in	88 sts	45 rnds	160 yd
Long loop	52 × 8 in	208 sts	40 rnds	330 yd

The neck warmer stretches to about 28 in, so it goes over the head; the long loop wraps twice.

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