FREE CROCHET TUTORIAL

Front Post Double Crochet

fpdc and bpdc step by step, plus a basketweave plant pot cozy in 3 sizes · US terms

SKILL LEVEL	PRACTICE	YARN
Advanced beginner	**Pot cozy, 3 sizes**	**Worsted cotton (#4)**
HOOK	**STITCHES**	**TIME**
5 mm (US H-8)	**ch, dc, fpdc, bpdc, sc**	**About 2–3 hours**

Materials

- Worsted (#4) cotton: 45 / 80 / 90 yd
- 5 mm (US H-8) hook, tapestry needle, stitch marker

Abbreviations (US terms)

ch	chain	**sc**	single crochet
dc	double crochet	**sl st**	slip stitch
fpdc	front post double crochet	**rnd**	round
bpdc	back post double crochet		

Gauge: 15 sts = 4 in (10 cm) in the basketweave pattern. A typical value for worsted cotton: chain one repeat round your pot to check.

fpdc

1	Yarn over.	
2	Insert the hook from front to back to front round the post of the next st below.	
3	Yarn over, pull up a loop, [yarn over, pull through 2] twice.	**(1 st)**

Cozy, 4 in pot

Foundation	Ch 48. Join with a sl st to the first ch, without twisting the chain.	**(48)**
Rnd 1	Ch 2 (doesn't count as a st), dc in each ch around. Join with a sl st to the first dc.	**(48)**
Rnds 2–4	Ch 2 (doesn't count), *fpdc 4, bpdc 4; repeat from * around. Join with a sl st to the first st.	**(48)**
Rnds 5–7	Ch 2 (doesn't count), *bpdc 4, fpdc 4; repeat from * around. Join with a sl st to the first st.	**(48)**
Rnd 8	Ch 1, sc in each st around. Join with a sl st to the first sc. Fasten off and weave in the ends.	**(48)**

Cozy, 5 in pot

Foundation	Ch 64. Join with a sl st to the first ch, without twisting the chain.	**(64)**
Rnd 1	Ch 2 (doesn't count as a st), dc in each ch around. Join with a sl st to the first dc.	**(64)**
Rnds 2–4	Ch 2 (doesn't count), *fpdc 4, bpdc 4; repeat from * around. Join with a sl st to the first st.	**(64)**
Rnds 5–7	Ch 2 (doesn't count), *bpdc 4, fpdc 4; repeat from * around. Join with a sl st to the first st.	**(64)**
Rnds 8–10	Ch 2 (doesn't count), *fpdc 4, bpdc 4; repeat from * around. Join with a sl st to the first st.	**(64)**
Rnd 11	Ch 1, sc in each st around. Join with a sl st to the first sc. Fasten off and weave in the ends.	**(64)**

Cozy, 6 in pot

Foundation	Ch 72. Join with a sl st to the first ch, without twisting the chain.	**(72)**
Rnd 1	Ch 2 (doesn't count as a st), dc in each ch around. Join with a sl st to the first dc.	**(72)**
Rnds 2–4	Ch 2 (doesn't count), *fpdc 4, bpdc 4; repeat from * around. Join with a sl st to the first st.	**(72)**
Rnds 5–7	Ch 2 (doesn't count), *bpdc 4, fpdc 4; repeat from * around. Join with a sl st to the first st.	**(72)**
Rnds 8–10	Ch 2 (doesn't count), *fpdc 4, bpdc 4; repeat from * around. Join with a sl st to the first st.	**(72)**
Rnd 11	Ch 1, sc in each st around. Join with a sl st to the first sc. Fasten off and weave in the ends.	**(72)**

What's exact, what's calculated

Exact	Stitch counts, the 8-st repeat and the block swap every 3 rounds (checked in code).
Calculated	Start chain from the pot size, height, yarn.
Assumed	The gauge.

Front Post Double Crochet (fpdc)

A dc worked round the post of the stitch below, so it stands out on the front

1 · Yarn over



Yarn over as for a normal dc.

2 · Round the post (front)



Insert the hook from the FRONT, right to left, round the post of the stitch below: the hook passes behind it.

3 · Finish the dc



Yarn over, pull up a loop (3 loops), then [yarn over, pull through 2] twice.

bpdc · from the back



Same, but go round the post from the BACK: the hook passes in front of the post.

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fpdc vs bpdc vs dc

Same height and same yarn overs · only where the hook goes is different

Stitch	Hook goes round the post from	Effect	Used for
fpdc	front, right to left	stands out on the front	ribbing, cables, basketweave, alpine
bpdc	back, right to left	pushes to the back	with fpdc: ribs and basketweave
dc	under the top 2 loops	flat	everyday fabric

Post stitches use more yarn and make a thicker, less stretchy fabric than plain dc. Skip the stitch behind every post stitch.

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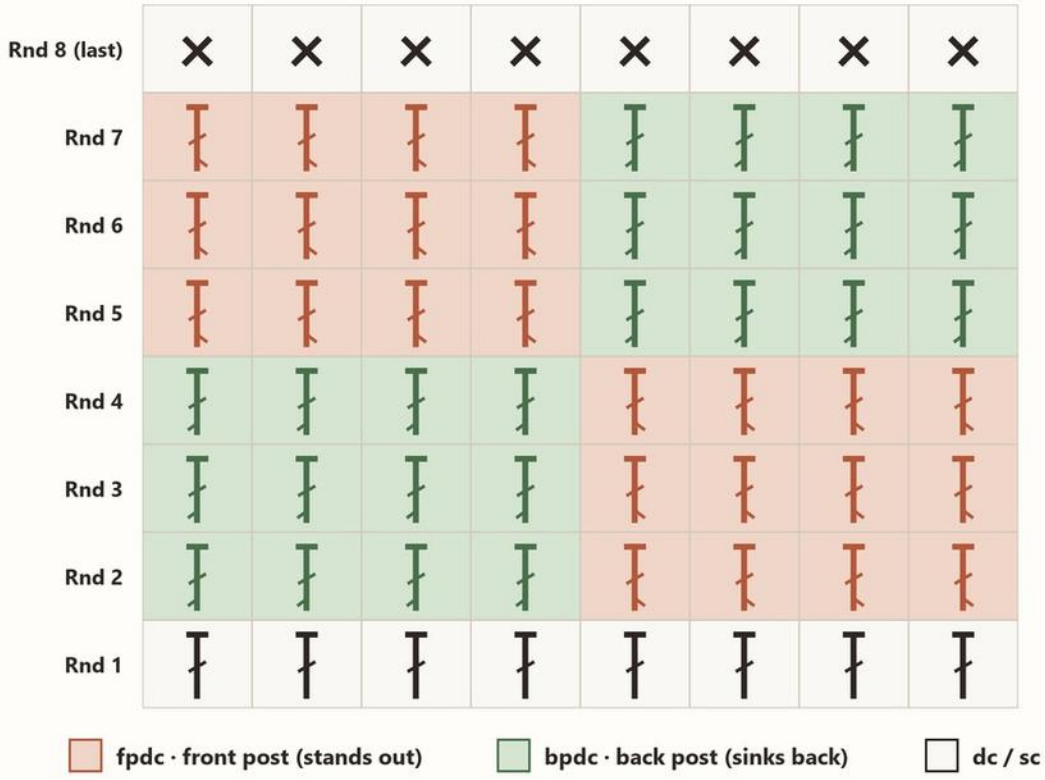
Basketweave Pot Cozy · Chart (1 repeat)

Joined rounds, right side always facing · read every round right to left · repeat the 8 stitches around



Every 3 rounds the blocks swap, so the squares weave like a basket.

4 in pot: as shown. 5 and 6 in pots: work rounds 2–4 once more (rounds 8–10), then the sc round.

Basketweave Pot Cozy · Sizes

Worsted (#4) cotton · 5 mm (US H-8) hook · gauge 15 sts = 4 in in the post-stitch pattern · multiple of 8

For	Pot round (top)	Start	Cozy round	Height	Rounds	Cotton
4 in pot	12.6 in (32 cm)	ch 48	12.8 in (33 cm)	3.75 in (10 cm)	8	45 yd
5 in pot	15.7 in (40 cm)	ch 64	17.1 in (43 cm)	5.25 in (13 cm)	11	80 yd
6 in pot	18.8 in (48 cm)	ch 72	19.2 in (49 cm)	5.25 in (13 cm)	11	90 yd

Your pot is a different size? Measure round the top, add 0.2–1.5 in (0.5–4 cm), and chain the nearest multiple of 8.

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