FREE KNITTING TUTORIAL

Duplicate Stitch Knitting

How to duplicate stitch a motif onto knitting, plus a mug cozy with a heart or snowflake

SKILL LEVEL	PRACTICE	YARN
Beginner	**Mug cozy, 2 sizes**	**DK (#3), 2 colours**
NEEDLES	**STITCHES**	**TIME**
US 6 (4 mm)	**k, p, duplicate st**	**About 2 hours**

Materials

- DK (#3) wool in cream and red (amounts in the size table)
- US 6 (4 mm) needles, a blunt tapestry needle, a button, a small crochet hook

Abbreviations (US terms)

k / p knit / purl

RS / WS right / wrong side

dup st duplicate stitch: trace a knit V with a second yarn

Gauge: 20 sts and 26 rows = 4 in (10 cm) in stockinette, a typical DK value.

Cozy, Standard mug

Cast on	With cream, cast on 50 sts.	**(50)**
Rows 1–3	Knit (garter edge).	**(50)**
Rows 4–17	RS rows: knit. WS rows: k3, purl to the last 3 sts, k3. (Stockinette with garter edges.)	**(50)**
Rows 18–20	Knit.	**(50)**
Bind off	Bind off knitwise. Leave a 6 in (15 cm) tail.	**(0)**
Button loop	At one short end, join yarn at the middle of the edge, ch 8 with a crochet hook (or knit a 2-st i-cord for 1.5 in) and fasten it back at the same place. Sew a button to the other end.	
Duplicate stitch	Choose the heart or the snowflake chart. Count to the start square from the chart and trace each V with the red yarn: up at the base of the V, under both legs of the stitch above, down at the base again.	

Cozy, Large mug

Cast on	With cream, cast on 58 sts.	**(58)**
Rows 1–3	Knit (garter edge).	**(58)**
Rows 4–21	RS rows: knit. WS rows: k3, purl to the last 3 sts, k3. (Stockinette with garter edges.)	**(58)**
Rows 22–24	Knit.	**(58)**
Bind off	Bind off knitwise. Leave a 6 in (15 cm) tail.	**(0)**

Button loop	At one short end, join yarn at the middle of the edge, ch 8 with a crochet hook (or knit a 2-st i-cord for 1.5 in) and fasten it back at the same place. Sew a button to the other end.
Duplicate stitch	Choose the heart or the snowflake chart. Count to the start square from the chart and trace each V with the red yarn: up at the base of the V, under both legs of the stitch above, down at the base again.

What's exact, what's calculated

Exact	Every row in our knitting engine; motif centred inside the stockinette; duplicate stitch counts.
Calculated	Stitches, rows and yarn from the gauge.
Assumed	The gauge.

How to Do Duplicate Stitch

Embroider over knit stitches, tracing each V · use the same weight yarn

1 · Find the V



Each knit stitch is a V. Start at the bottom of the V you want to cover.

2 · Up at the base



Bring the needle up from the back at the base (point) of the V.

3 · Under the V above



Slide the needle right to left under both legs of the stitch above.

4 · Down at the base



Go back down where you came up. The new V sits exactly on top of the old one.

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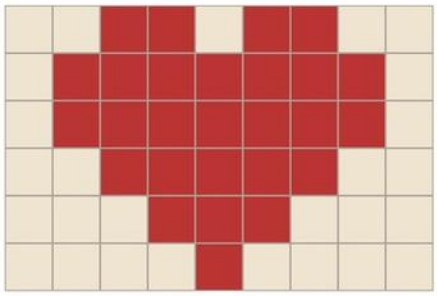
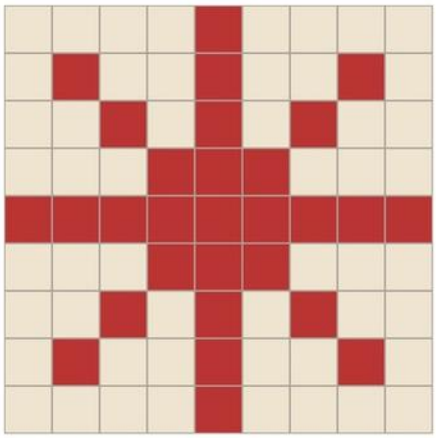
Duplicate Stitch Motifs

Heart: 9 × 6 sts, 27 duplicate stitches · Snowflake: 9 × 9 sts, 29 duplicate stitches



Heart

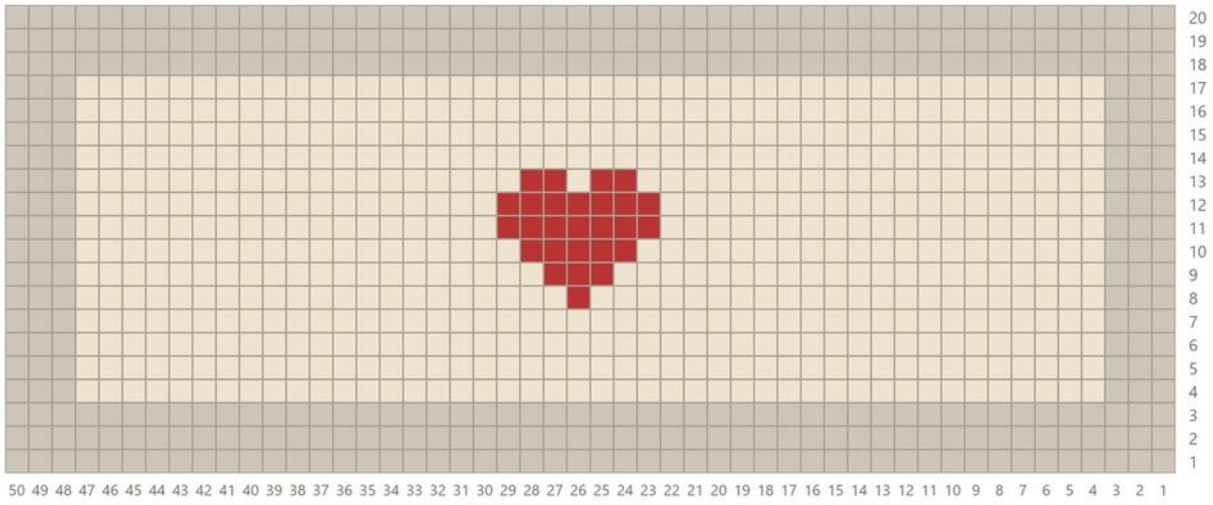


Snowflake

Each square is one V of the knitting: cover it with one duplicate stitch in the contrast colour.

Duplicate Stitch Mug Cozy · Standard mug (50 × 20)

Each square = 1 knit stitch · red = duplicate stitch · grey = garter edge (don't stitch there)



The heart is centred in the stockinette panel. Snowflake chart in the PDF.

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Duplicate Stitch Mug Cozy · Sizes

DK (#3) wool · US 6 (4 mm) needles · gauge 20 sts × 26 rows = 4 in in stockinette · a button

Mug	Cozy (round × high)	Cast on	Rows	DK yarn
Standard mug	10 × 3.25 in (25 × 8 cm)	50	20	cream 40 yd + red 5 yd
Large mug	11.5 × 3.75 in (29 × 10 cm)	58	24	cream 55 yd + red 5 yd

Measure round your mug, minus the handle gap. The cozy should be a snug fit.

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