FREE CROCHET PATTERN

Filet Crochet Heart Square

Learn how to block crochet with a lacy filet square · US terms

SKILL LEVEL	SIZE	HOOK
Easy+	6 × 6 in blocked	3 mm (US C/D)
YARN	**STITCHES**	**TIME**
Sport cotton, 43 yd	ch, dc	2 hours + drying

Materials

- Sport (#2) cotton, about 43 yd
- 3 mm (US C/D) hook, tapestry needle
- Blocking mat or folded towel, rust-proof pins, spray bottle

Abbreviations (US terms)

ch	chain	**open**	ch 1, skip 1, dc
dc	double crochet	**RS**	right side
filled	2 dc		

Gauge before blocking: 1 cell = 0.33 in wide × 0.37 in tall. Blocking stretches the width about 7.1% and eases the height about 4.8%.

Filet cells

Filled cell	Dc in the next 2 sts (over an open cell below, dc in the ch-1 space and in the next dc).
Open cell	Ch 1, skip the next st, dc in the next dc.

Heart square

Chain	Ch 37.	
Row 1 (RS)	Dc in the 4th ch from the hook (the skipped 3 ch count as the first dc) and in each ch across. Turn.	**(35 dc = 17 filled cells)**
Row 2	Ch 3 (counts as the first dc), then work the cells: 1 filled, 15 open, 1 filled. Turn.	**(35 sts)**
Row 3	Ch 3 (counts as the first dc), then work the cells: 1 filled, 15 open, 1 filled. Turn.	**(35 sts)**
Row 4	Ch 3 (counts as the first dc), then work the cells: 1 filled, 15 open, 1 filled. Turn.	**(35 sts)**
Row 5	Ch 3 (counts as the first dc), then work the cells: 1 filled, 7 open, 1 filled, 7 open, 1 filled. Turn.	**(35 sts)**
Row 6	Ch 3 (counts as the first dc), then work the cells: 1 filled, 6 open, 3 filled, 6 open, 1 filled. Turn.	**(35 sts)**
Row 7	Ch 3 (counts as the first dc), then work the cells: 1 filled, 5 open, 5 filled, 5 open, 1 filled. Turn.	**(35 sts)**

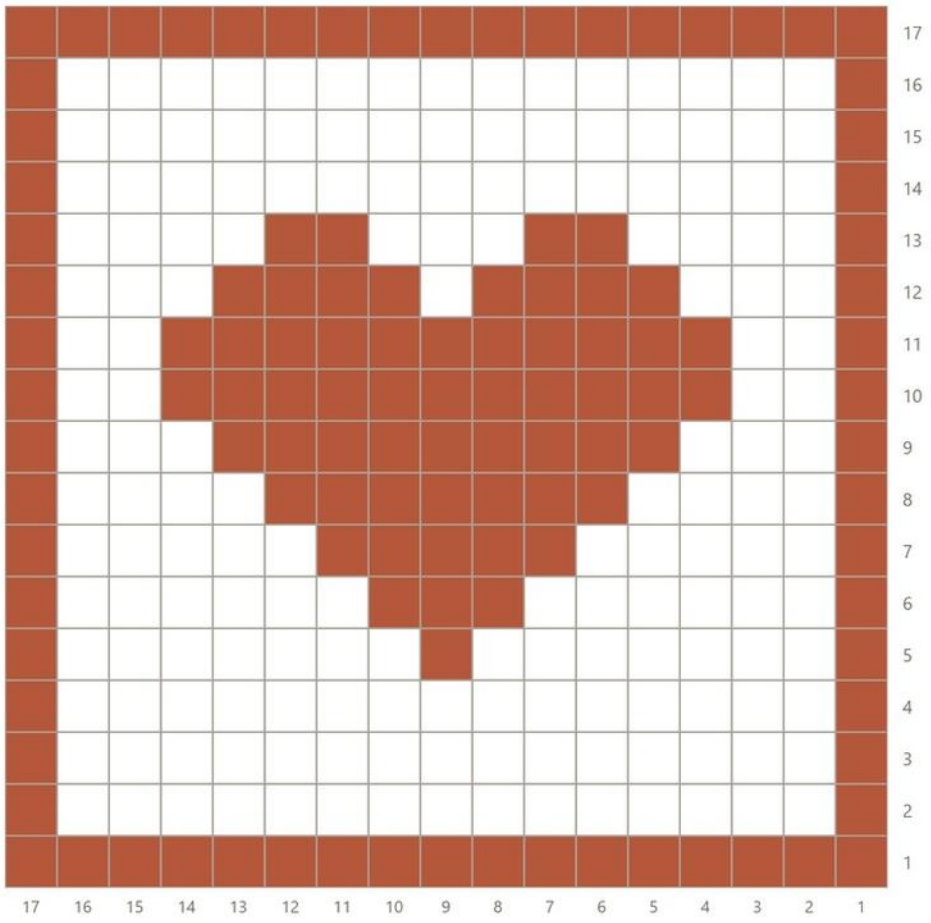
Row 8	Ch 3 (counts as the first dc), then work the cells: 1 filled, 4 open, 7 filled, 4 open, 1 filled. Turn.	**(35 sts)**
Row 9	Ch 3 (counts as the first dc), then work the cells: 1 filled, 3 open, 9 filled, 3 open, 1 filled. Turn.	**(35 sts)**
Row 10	Ch 3 (counts as the first dc), then work the cells: 1 filled, 2 open, 11 filled, 2 open, 1 filled. Turn.	**(35 sts)**
Row 11	Ch 3 (counts as the first dc), then work the cells: 1 filled, 2 open, 11 filled, 2 open, 1 filled. Turn.	**(35 sts)**
Row 12	Ch 3 (counts as the first dc), then work the cells: 1 filled, 3 open, 4 filled, 1 open, 4 filled, 3 open, 1 filled. Turn.	**(35 sts)**
Row 13	Ch 3 (counts as the first dc), then work the cells: 1 filled, 4 open, 2 filled, 3 open, 2 filled, 4 open, 1 filled. Turn.	**(35 sts)**
Row 14	Ch 3 (counts as the first dc), then work the cells: 1 filled, 15 open, 1 filled. Turn.	**(35 sts)**
Row 15	Ch 3 (counts as the first dc), then work the cells: 1 filled, 15 open, 1 filled. Turn.	**(35 sts)**
Row 16	Ch 3 (counts as the first dc), then work the cells: 1 filled, 15 open, 1 filled. Turn.	**(35 sts)**
Row 17	Ch 3, dc in each st and in each ch-1 space across. Fasten off.	**(35 sts)**

Blocking

Step 1	Soak in cool water with a drop of wool wash for 15 minutes.
Step 2	Roll in a towel and press out the water. Do not wring.
Step 3	Pin the corners to a 6 in square, then pin every 1 in along the sides.
Step 4	Let it dry completely, at least 12 hours, then unpin.

Filet Crochet Heart Square · Chart

17 × 17 cells. Each filled cell = 2 dc; each open cell = ch 1, dc. Read Row 1 at the bottom.



Orange = filled cell (2 dc) · white = open cell (ch 1, dc)

The design is symmetric, so every row reads the same from either end

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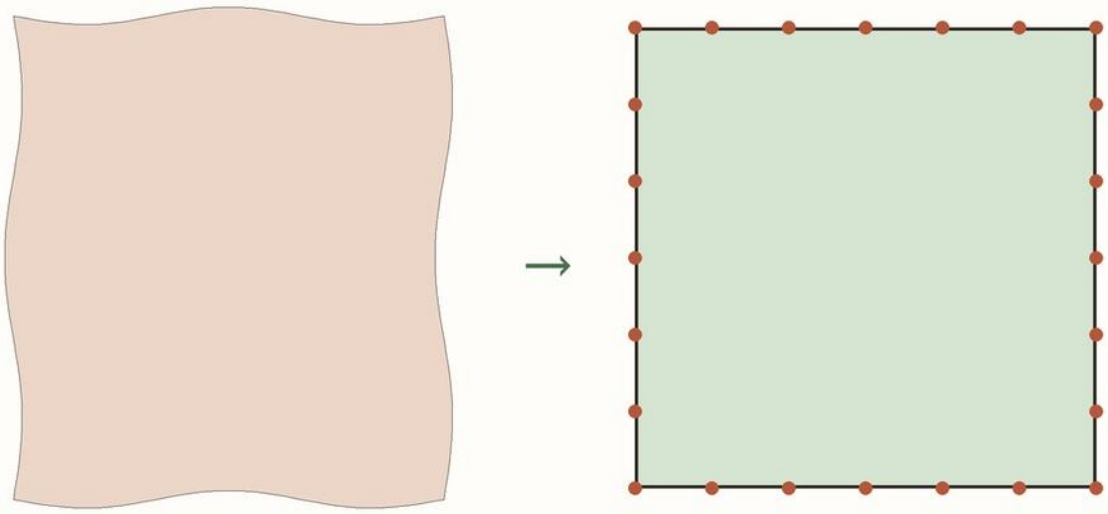
Why Block? Before and After

Filet crochet straight off the hook is wavy and a little tall; blocking evens the cells and squares it up



Off the hook: about 5.6 × 6.3 in

Blocked and pinned: 6 × 6 in

Orange dots = pins, about 1 in apart · cozymakery.com